Inner West Community Committee Wellbeing Fund - Project Summary



| Project Name | Area Activity programme | |
|--------------------|----------------------------|--|
| Amount applied for | £6,635 | |
| Lead Organisation | West Leeds Activity Centre | |
| Ward/Neighbourhood | Inner West | |

| Community Plan | Best City for Children & Young People |
|----------------|---------------------------------------|
| Objective | Best City for Communities |

Project Summary

In summary the programme will provide for 25 x 2 hour activity experiences free to young people aged 8 -17 yrs from the Inner West area for up to 10 young people per session with a specific emphasis on young people from priority estates accessing up to 250 activity opportunities at the WLAC.

The team will focus on promoting the activities and recruiting young people equally from priority neighbourhoods in the IW area namely the Armley, Bramley & Stanningley and Kirkstall wards.

We will hope to deliver sessions for young people in particular from Holdsforth's and Clyde Approach in the Armley Ward area, either at WLAC itself or in Primary schools covering these estates such as Valley View and Castleton Primary Schools.

The sessions will be delivered during holidays, after school, evenings, and weekends and dates that work best for the young people, and they will have a choice as to which activity they most want to do. Although the WLAC team will be responsible for the transport and activity they will also be reliant on some pastoral support from local organisation i.e. Clusters, Schools & Youth Work providers.

All the activities are at the same price of £225 per session, for up to 10 young people at a time. The choice of activities for the young people will be;

- Rafted Canoeing
- Archery
- Inflatable games e.g. Sumo suits, Gladiator
- Pedal Go Karts
- Climbing
- Abseiling
- Crate Stack
- Leap of Faith
- Indoor problem-solving games
- Orienteering
- Assault Course
- Wide games
- Team sports
- Bushcraft & Survival skills
- Waterslide

Fifteen sessions will be offered on an open 'Book & Drop In' basis for local young people. This has proven popular in the past and young people have requested even more opportunities in doing this in 2022/2023.

The remaining ten sessions will be offered on a 'normal' group booking basis.

Minibus transport with driver @£110 per session, has been factored in so that the young people and parents don't need to worry about them getting to and from the WLAC each time.

When will the project run?

April 2022 - March 2023

Targets for the project and how success will be measured

Success of the project will be measured in a few different ways. These include;

- Feedback sheets from young people and staff evaluations for each activity session. We expect young people to have had fun, improve self-confidence and self-esteem, make more friends, learn new skills, be diverted from antisocial behaviour/crime, improve healthy lifestyles and increase participation
- Satisfaction levels from participants & supporting staff to average at least 8/10
- Targets set; to deliver 25 x 2 hour activity experiences free to young people aged 8-15 yrs from the Inner West Community Committee area;

to offer a total of 250 activity opportunities for young people.

| Target age range (expected numbers for each age group) | | | | | | | |
|---|----|----------|----|----------|----|----------|---|
| 8-10yrs | 80 | 11-12yrs | 80 | 13-15yrs | 35 | 16-17yrs | 5 |

Individual activity session records will be completed by the WLAC Activity staff and the monitoring completed through the office admin and analysis and final reports by the centre manager. Records/data will be inputted onto the Breeze Culture Network monitoring system.

How the project will be promoted and/or participation encouraged

The WLAC is increasingly effective in its marketing & publicity. The team will do a number of things to ensure the activity sessions are well promoted & young people sign up. It will include:

- Contacting all those young people and families on the WLAC data base
- Promoting it on the LCC West Leeds Activity Centre website
- Promoting it on the WLAC Facebook page & Twitter account
- Promoting it on the Inner West Area Community Com' Facebook page
- Promoting it on the Breeze Culture Network site
- Promoting it to all the agencies that have used the Centre before and to all Leeds schools, Clusters, Youth Services groups, Voluntary organisations and through individual contacts with young people and their families.

Exit strategy/How the project will continue after the funding

Part of the purpose of receiving the funding is to be able to offer free 'taster' sessions to schools, other organisations and young people themselves. The same groups & young people will be encouraged to continue using the centres activities on a paid basis. Prices are very competitive compared to other similar providers in West Yorkshire and it provides great value for money.

The WLAC staff encourage young people to further develop skills and interests they gain as a result of attending the centres activities. They advise young people where they can continue their interest in Climbing (i.e. Leeds Wall) and Cycling (clubs) for example. There are other projects at Lineham Farm and Herd Farm that provide a wide range of Outdoor Activities that are promoted to young people as well as local Leisure Centres, Youth Service provision, and 'Out of School' opportunities organised by Clusters and the Community Committees.

The WLAC also offers volunteering, schoolwork experience and University student placement opportunities for young people.

Other organisations involved

The Activity sessions will be promoted to various organisations working with children & young people including; the Youth Offending Service, Youth Service (localities), Vol Organisations (e.g. Barca), uniformed organisations, Clusters and schools. The staff from these organisations will be expected to provide 'pastoral support' to the young people, except on 'Book and Turn-up' sessions.

| Financial Information | | | |
|---------------------------------------|--|--|--|
| Revenue funding requested | £6,635 | | |
| Total cost of project | £7,188 | | |
| Match funding/Other funding sources | £553 Volunteers Helping deliver 25 Activity sessions at 2 hrs duration | | |
| Available Funds in Group Bank Account | | | |
| Funding received since 2010 | | | |

| Full Breakdown of Costs | | | | |
|--|-----------|---------------------------------|------------------|--|
| Item | Wellbeing | Other (with funding body) | Date of Decision | |
| Activity with staffing for 2 hr sessions (@ £225) x 25 | £5,525 | | | |
| Transport -minibus hire & driver (@ £ 110) each x 10 | £1,110 | | | |
| Total: | £6,635 | | | |

| Details of volunteers | |
|-----------------------|--|
| Volunteer role | |

Communities Team Comments

8 YP x 25 sessions = 200 YP

£6,635/200 = £33.175 per YP

£33.175 x 170 YP = £5,639.75 Armley

£33.175 x 15 YP = £497.63 Bramley & Stanningley

£33.175 x 15 YP = £497.62 Kirkstall